



**Podcast Listener's Guide
A Youth Voice on Living in
Residence**

Follow the provided instructions to learn more from the podcast!

A Youth Voice on Living in Residence

Pre-listening Questions:

- 1) Did you know CPRI has a residential treatment program? Can you name some other residential treatment centres in your community?
- 2) What comes to mind when you think of residential care for treatment of a mental health disorder? List any fears, assumptions, or positive benefits to consider.

While You Listen:

- 1) The youth being interviewed talks about attending a “community meeting.” What are the 3 questions asked in a community meeting?
- 2) The youth talks about his own strategies for calming himself when he get upset. What are your strategies?

Food For Thought: Takeaway Questions

- 1) The youth interviewed discusses what his medicine is for. If you (or your child) take medicine, what is it for? If you don't know, please discuss with your Doctor.
- 2) After listening to this youth speak about his positive experience making friends and improving peer interactions and working on goals like learning more and getting better grades so he can graduate from school, do you have a different impression about residential care than when you first thought about it in the pre question?

3) What are your goals for the future?

RESOURCES

<http://www.cpri.ca/kids/info-about-cpri/>

