Assessment of Lagging Skills & Unsolved Problems Inventory
(adapted from Dr. Ross Greene, Psychologist & Author of “The Explosive Child”)

Child’s Name: ___________________________           Date:_____________
Person Filling out Checklist: ________________   Relationship to Client: ____________

Please indicate child’s lacking skills observed in the past several weeks or since last rating. Check all that apply.

Executive Skills
   o these deficits are what we call “leaky brakes over attention” or “leaky brakes over impulses”
   o when a report uses terms like “ADD”, “ADHD”, or “central auditory processing disorder”, it is often executive skill deficits that are being talked about

1. _____ Difficulty handling transitions, shifting from one mindset or task to another, adapting to new circumstances or rules
2. _____ Poor sense of time/difficulty doing things in a logical or prescribed order
3. _____ Disorganized/difficulty staying on topic, sorting through thoughts, or keeping track of things
4. _____ Difficulty considering the likely outcomes or consequences of actions (impulsive)
5. _____ Difficulty considering a range of solutions to a problem

Cognitive Flexibility Skills
   o these deficits are what we call “leaky brakes over thoughts”
   o when a report uses terms like “OCD” or “autistic spectrum ”, it is often cognitive flexibility skill deficits that are being talked about

1. _____ Concrete, black-and-white thinker; often takes things literally
2. _____ Insists on sticking with rules, routine, original plan
3. _____ Does poorly when things are unpredictable, ambiguous, uncertain
4. _____ Difficulty shifting from original idea or solution; possibly perseverative or obsessive
5. _____ Difficulty appreciating another person’s perspective or point-of-view
6. _____ Doesn’t take into account situational factors that suggest the need to adjust a plan of action
7. _____ Inflexible, inaccurate interpretations/cognitive distortions or biases (e.g. Everyone’s out to get me, Nobody likes me, You always blame me, It’s not fair, I’m stupid, Things will never work out for me)
**Language Processing Skills**

- when a report uses terms like “receptive language disorder”, “expressive language disorder”, or central auditory processing disorder, language processing skill deficits are being talked about

1. ______ Often has difficulty expressing thoughts, needs or concerns in words
2. ______ Often appears not to have understood what was said
3. ______ Long delays before responding to questions
4. ______ Difficulty knowing or saying how he feels

**Emotion Regulation Skills**

- these deficits are what we call "leaky brakes over mood"
- when a report uses terms like “bipolar disorder” or “intermittent explosive disorder” or “rage”, it is often emotion regulation skill deficits that are being talked about

1. ______ Difficulty staying calm enough to think rationally (when frustrated)
2. ______ Cranky, grouchy, grumpy, irritable (even when not frustrated)
3. ______ Sad, fatigued, tired, low energy.
4. ______ Anxious, nervous, worried, fearful
5. ______ In new situations, holds feelings in until he’s comfortable, then starts to melt down

**Social Skills**

- when a report uses terms like “nonverbal learning disorder (NLD)” or “autistic spectrum”, it is often social skill deficits that are being talked about

1. ______ Difficulty attending to or misreading of social cues/poor perception of social nuances/difficulty recognizing nonverbal social cues (e.g., facial expression, body language, tone of voice)
2. ______ Lacks basic social skills (how to start a conversation, how to enter a group, how to connect with people)
3. ______ Seeks the attention of others in inappropriate ways; seems to not know ways to seek attention in socially acceptable ways
4. ______ Seems unaware of how behaviour is affecting other people; is surprised by other’s responses to his behaviour
5. ______ Lacks empathy; appears not to care about how behaviour is affecting others or their reactions
6. ______ Poor sense of how he is coming across or being perceived by others
7. ______ Inaccurate self-perception (doesn’t see self the way most others do)

**Triggers (Situations, Events, Problems) List**

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________