



**Podcast Listener's Guide
Client & Family Centred Care
with Dr. Clare Mitchell, MD**

Follow the provided instructions to learn more from the podcast!

Client & Family Centred Care with Dr. Clare Mitchell, M.D., FRCPC

Pre-listening Questions:

Ask yourself these questions, or gather a group of colleagues and discuss them together. Then, take the time to listen to the podcast. Use the Internet to help you.

1. What is informed consent? (If you don't know, how can you find out?)
2. How is informed consent dealt with in your workplace or in your role?
3. What is telepsychiatry and telemedicine? Is this an approach you would like to see more or less of? Why or why not?

While You Listen:

Answer these questions while you listen to encourage active listening and reflection. Discuss with colleagues if you have the opportunity so that you can learn from each other.

1. Dr. Mitchell mentions that having a discussion with the caregivers as well as the child and youth is important to discuss
 - What the treatment is for, and what is not fore
 - What kinds of _____ might be expected
 - What kinds of things to look out for, or _____
2. Why is it important to talk with the child or youth, even when the parent is giving consent?
3. Dr. Mitchell discusses different kinds of technologies that can assist with education, such as electronic media, _____, _____, and webinars

4. Dr. Mitchell talks about empowering families by offering them choices within the context of service delivery. Why is this important?
5. What role do parents or primary caregivers have in their child's treatment?

Food For Thought: Takeaway Questions

1. How do you currently involve families and caregivers in the services you deliver? What are some creative strategies to keep families involved?
2. What challenges do you have receiving informed consent? How do you learn more about the process? If you're not sure, who can you ask for help?
3. What choices do you offer families within the context of service delivery? How can you give more choice and offer more flexibility?

For Further Reading: Websites

Canadian Paediatric Society: <http://www.cps.ca/en/>

FASDOntario: <http://fasdontario.ca/>

8 Magic Keys:

<http://view.earthchannel.com/PlayerController.aspx?PGD=anchsch&eID=161>

Strategies: <http://www.fasdcenter.samhsa.gov/documents/eightmagickeys.pdf>

