

# Assignment – Beaker Check Ins



## Let's Be a Beaker Detective!!!!

- Spend some time thinking about and learning what your early warning signs are that your beaker might be filling. Here's some ways you might start your detective work:
  - Use a mirror to practice making different faces that would represent different beaker levels (e.g. getting worried, really angry).
  - During beaker check ins, tell your cheerleader what early warning sign you noticed.
  - Ask my cheerleaders what they notice about me when my beaker's filling.
  - Other \_\_\_\_\_

**Here's my plan:**

- For the best results,** take **3 or 4** opportunities this week to do beaker check-ins and, if your beaker is getting full, tell a parent or cheerleader what is filling your beaker AND how you know your beaker is filling (early warning signs).

<u>Day 1:</u> # attempts?	<u>Day 2:</u> # attempts?	<u>Day 3:</u> # attempts?	<u>Day 4:</u> # attempts?	<u>Day 5:</u> # attempts?	<u>Day 6:</u> # attempts?	<u>Day 7:</u> # attempts?